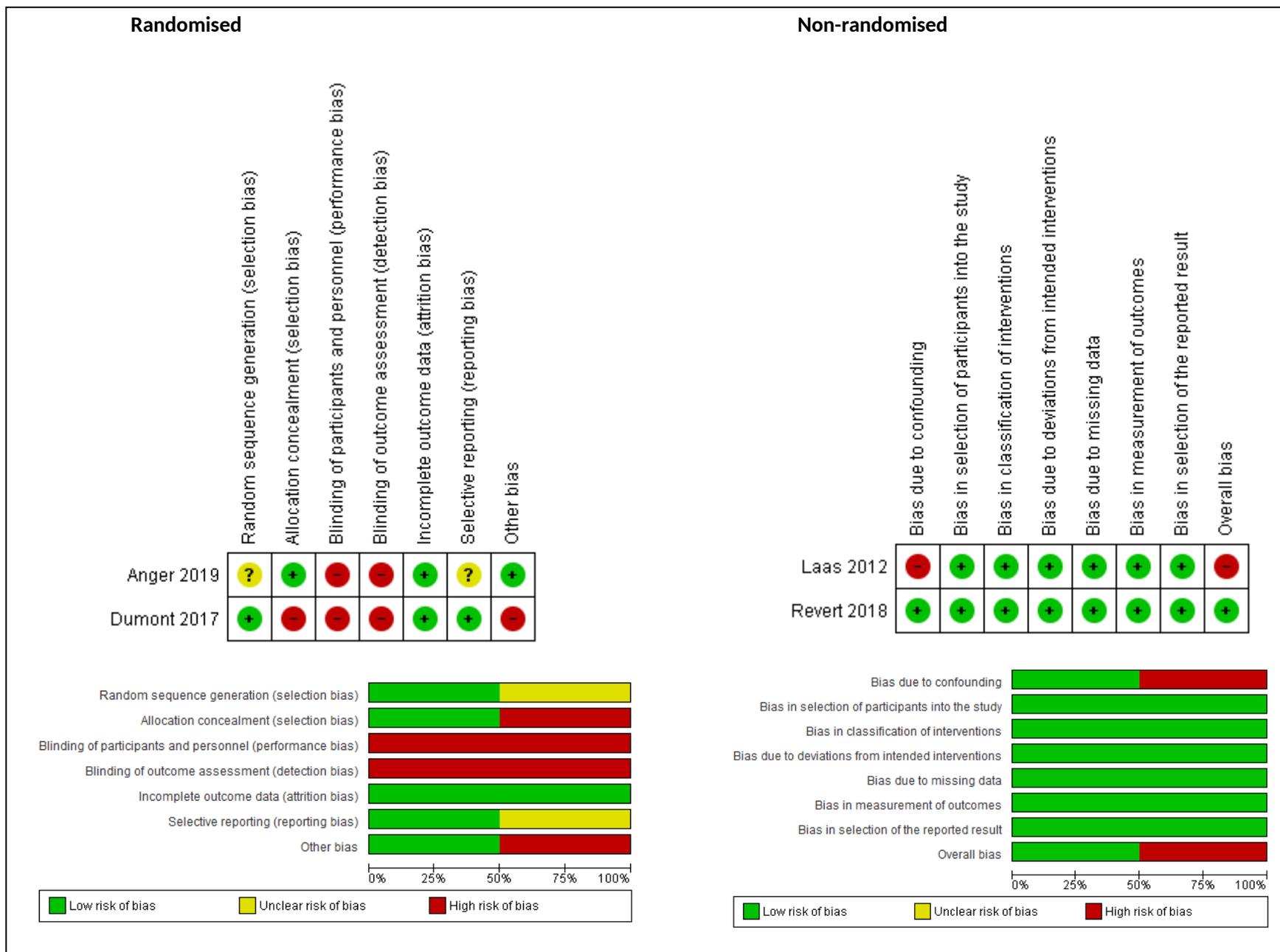


Figure 1: Quality assessment of included studies



Note: Both randomised studies evaluated the effect of improvised devices and both non-randomised studies evaluated the effect of purpose-designed devices.