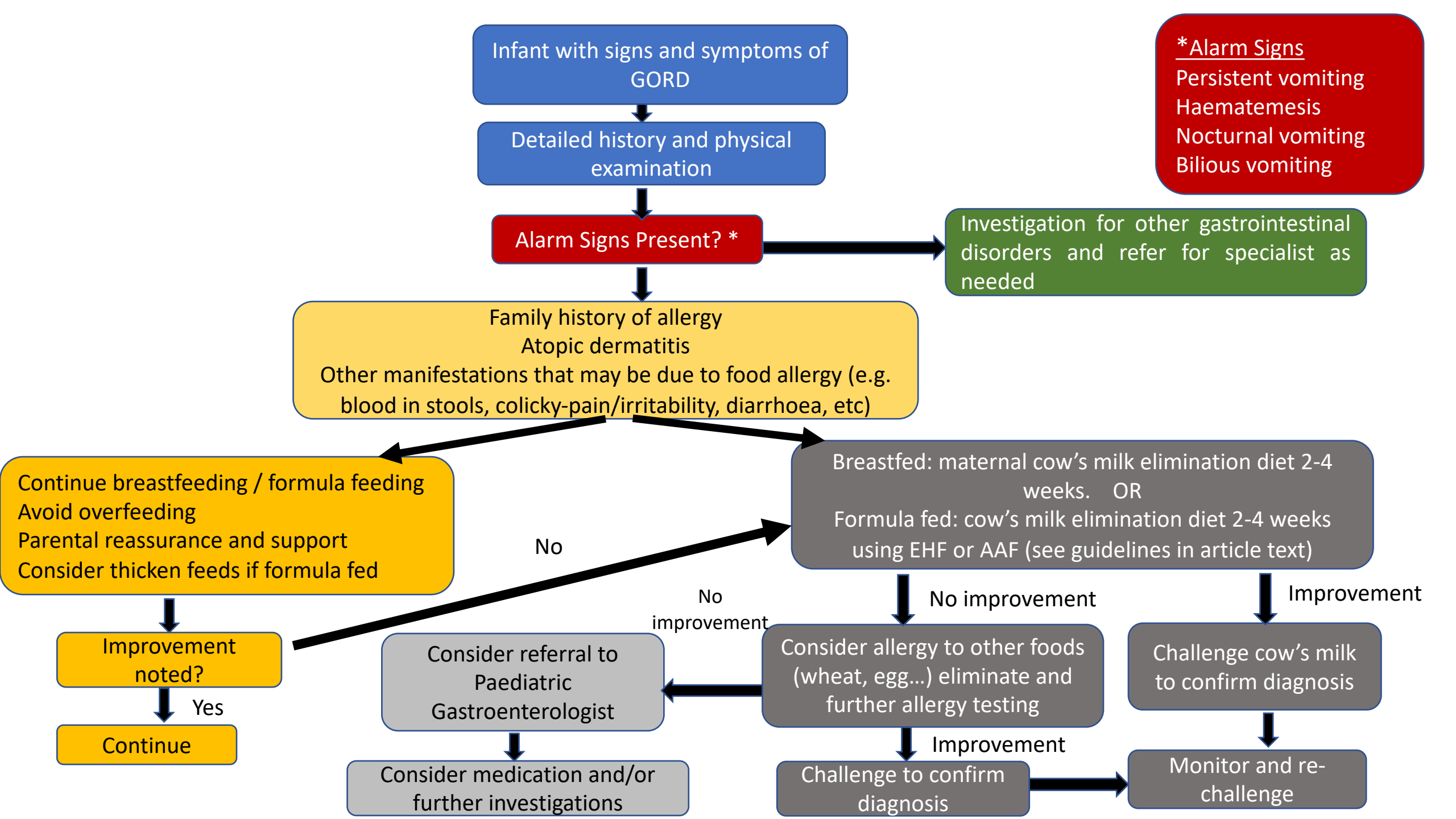
Infant with signs and symptoms of GORD
Detailed history and physical examination
Alarm Signs Present? *
*Alarm Signs
Persistent vomiting
Haematemesis
Nocturnal vomiting
Bilious vomiting
Investigation for other gastrointestinal disorders and refer for specialist as needed
Family history of allergy
Atopic dermatitis
Other manifestations that may be due to food allergy (e.g. blood in stools, colicky-pain/irritability, diarrhoea, etc)
Continue breastfeeding / formula feeding
Avoid overfeeding
Parental reassurance and support
Consider thicken feeds if formula fed
Improvement noted?
Yes
Continue
No
Breastfed: maternal cow's milk elimination diet 2-4 weeks. OR
Formula fed: cow's milk elimination diet 2-4 weeks using EHF or AAF (see guidelines in article text)
No improvement
Improvement
No improvement
Consider referral to Paediatric Gastroenterologist
Consider medication and/or further investigations
Consider allergy to other foods (wheat, egg…) eliminate and further allergy testing
Improvement
Challenge to confirm diagnosis
Challenge cow's milk to confirm diagnosis
Monitor and re-challenge